



LULUZ
CATERING

MENUS

BREAKFAST OPTIONS:

- Baps or bagels with:
 - a choice of crispy smoked bacon, Cumberland sausages, Vegan sausages, hash brown, halloumi cheese, wilted organic spinach, organic avocado, fried egg, baked beans, mushrooms
- . Freshly baked pastries
- . Overnight porridge, chia pots, granola pots, fruit pots
- . Spanish omelet with roast organic cherry tomatoes & fresh spinach
- . Frittatas with smoked salmon
- . Egg benedict, royal, Florentine
- . American pancakes with berries & maple syrup (bacon & egg)
- . Vegan American pancakes
- . French toast with berries and ricotta cheese



LUNCH OPTIONS:

ASIAN:

Option 1:

- . Korean fried chicken or beef bulgogi
- . Oven baked ginger & Soy sauce salmon
- . Vegan beoseot gangjeong (Sweet crispy mushrooms)
- . Mixed leaves, cucumber & apple salad
- . Jasmine rice

Option 2:

- . Malaysian beef rendang
- . Sambal seabass
- . Vegan Men Goreng (fried noodles with tofu)
- . Kerabu salad
- . Coconut rice & coconut sambal

Option 3:

- . Chicken Katsu curry
- . Oven baked salmon with ginger sauce
- . Aubergine katsu curry
- . Pickled vegetables
- . Basmati rice



Italian:

Option 1:

- . Chicken parmigiana
- . Baked herb crusted cod fillet
- . Aubergine parmigiana
- . Seasonal salad
- . Basmati rice or mash potatoes

Option 2:

- . Chicken Milanese
- . Linguini with prawn bisque
- . Vegan meatballs in tomato sauce
- . Seasonal salad

Option 3:

- . Beef lasagna
- . Pan seared salmon with spinach & sundried tomatoes
- . Pesto, ricotta vegan lasagna
- . Mixed leaves
- . Mixed veg salad



FRENCH:

Option 1:

- . Tarragon Chicken
- . Fish livornese (cod, red snapper)
- . Courgettes & sweetcorn cakes
- . Asparagus, French beans & gem lettuce salad
- . Pommes puree

Option 2:

- . Chicken paillard
- . Seabream Nantais
- . Caramelised onions & blue cheese tart
- . French bistro salad
- . Gratin dauphinoise

Option 3:

- . Rib eye steak served with garlic butter
- . Maple Dijon glazed salmon
- . Vegan spinach & feta stuffed pancakes
- . Country salad
- . Chunky fries



SPANISH:

- . Vegan paella
- . Pollo al ajillo (garlic chicken)
- . Prawns al pil pil
- . Padron peppers
- . Patatas bravas
- . Mixed salad

CARRRIBEAN

- . Jerk chicken/Pepper steak/curry goat (please choose one)
- . Jerk seabass
- . Curry tofu
- . Fruity coleslaw
- . Mac & cheese
- . Rice & peas or Jollof rice

Moroccan:

- . Lamb/beef or chicken tagine
- . Sharmoula seabass]
- . Vegetarian tagine
- . Trio of salads (hummus, tomato-cucumber, carrots)
- . Steamed couscous or basmati rice

Sunday Roast:

- . Roast beef/lamb or chicken
- . Vegan roast
- . Roast vegetables
- . Yorkshire pudding



AFTERNOON TEA

- . A selection of cold sandwiches or hot with van on site
- . Chicken shawarma, falafels wraps
- . Chicken fajitas
- . Beef fajitas
- . Vegan mince fajitas
- . Tacos
- . Paninis





- . Petits fours
- . Mini doughnuts
- . Gluten free brownies
- . Ice creams
- . Sweet pies
- . Cup cakes

DESSERTS

